



CONNECTIONS

**The Community Benefice Magazine of
Richmond with Hudswell,
Downholme and Marske**

March 2023

Price £1.80

**THE BENEFICE OF RICHMOND WITH HUDSWELL, DOWNHOLME
AND MARSKE**

www.richmondhudswellparish.org.uk

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-00-

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CHURCH SERVICES - St MARY THE VIRGIN, RICHMOND with Hudswell

8.00 a.m.	Holy Communion	Every Sunday
10.00 a.m.	Parish Communion Worship for All	Every Sunday apart from 1st Sunday (no communion) Every 1st Sunday
4.00 p.m.	Café Church Fun-Key Church	3rd Sunday (every 2 mths—Jan, March etc) Last Sunday each month
6.30 p.m.	Choral Evensong Free to Be	Second Sunday each month 3rd Sunday (every 2 mths—Feb, April etc)
9.15 a.m.	Holy Communion	Every Wednesday

CHURCH SERVICES AT HOLY TRINITY CHAPEL, MARKET PLACE, RICHMOND

10.30 a.m. Holy Communion Every Thursday

PARISH OF ST MICHAEL AND ALL ANGELS, DOWNHOLME

CHURCH OFFICERS

Reader	George Alderson (07487) 257646	68, Brompton Park, Brompton on Swale DL10 7JP
Church Warden	Jean Calvert (07902) 753246	Home Farm, Downholme, Richmond DL11 6AE
Organist	Fionnagh Bennet	
Church Treasurer	Phil Ham (07920 884103)	'Sundale', Reeth, DL11 6TX philip.ham@outlook.com
PCC Secretary	Rev Jennifer Williamson 824365	rev.jenny1@btinternet.com

CHURCH SERVICES AT DOWNHOLME

9.30 a.m.	Morning Prayer	Every second Sunday
9.30 a.m.	Holy Communion	Every fourth Sunday

THE PARISH OF ST EDMUNDS, MARSKE

CHURCH OFFICERS

Church Warden	Ruth Tindale (01748) 823371	Skelton Lodge, Marske
Organist	Jennifer Wallis (01748) 822930	1 School Terrace, Marske
Treasurer	Peter Coates (07801) 521954	Orgate Farmhouse, Marske peter.coates54@hotmail.co.uk
PCC Secretary	Jennifer Williamson (01748)82436	rev.jenny1@btinternet.com

CHURCH SERVICES AT MARSKE

11.00 a.m.	Holy Communion	Every Sunday except 2nd (& 5th) Sunday
11.00 a.m.	Morning Prayer	Every 2nd (& 5th) Sunday

We are entering a month of significant dates in the Church calendar in the lead up to Easter with Mothering Sunday (19 March) prefacing the Annunciation of the Blessed Virgin Mary (25 March) and the start of Passiontide (26 March) to follow. The whole month also marks the Marie Curie Great Daffodil Appeal and Brain Tumour Awareness month, both of significance. Two patron saints (St David and St Patrick) are also commemorated in March, whilst Comic Relief makes its annual appearance on March 17th. You might also want to look out for World Water Day on the 22nd (having missed World Frog Day on the 20th, and Compost UK Week from 13-19 March—see page 35 for details!).

But alongside all of these annual occasions, the events of our time press in on all sides. The on-going situation in Ukraine and now the devastating earthquake in Turkey and Syria create the twin situations of wanting to do something for fellow human beings who will live out their everyday future with the consequences of these man-made and natural disasters—and a feeling of helplessness of what each of us can do which will make an impact—now and when the world’s press have moved on. The impact is probably greatest when our individual contributions—cash, goods and prayer- give weight to the collective effort.

And the focus on these international tragedies cannot remove the continuing needs in , for example, Pakistan for flood relief support , nor events closer to home with the cost of living rises bringing real hardship to people nationally and locally. It is hoped that the reminders of how we can help foodbanks and warm spaces in our town, together with the Disasters Emergency Committee publicity overleaf offer some routes to giving such support.

Our March Magazine: With the season of Lent upon us, there is information about study groups to follow up, together with a new walk with or without a dog from Carole McCormack. Christine Porter reflects on the life and impact of St David, whilst John Pritchard brings together some of his recent Pathways in Prayer articles in his March offering. Jane Hatcher continues to bring a new knowledge and understanding of historic Richmond, whilst Judith MacLeod concludes her own series on her favourite hymns. Thank you for these, Judith. A vacancy here! How about penning your own, or at least emailing or texting a hymn for Christine Porter to research for future issues.

There’s news of three wise(?) men with false hearing aids in the news section (p. 15) together with the usual mix of ‘heads ups’ on forthcoming events and church groups. Please note the changed venue for ‘After the Cards and Visitors’ on page 43 (Morro Lounge). And a last request for payment of subs on pps 26,27 &28.

Finally, thanks once more to Ian Short for his cover photo.

Jim Jack



DEC charities and their local partners are among the first responders providing urgent help. Immediate priorities are search and rescue, medical treatment for the injured, shelter for those who have lost their homes, heating in safe spaces, blankets, warm clothes, and ensuring people have food and clean water.

How we can help

We can help people affected by the crisis by making a donation and helping to raise money for the DEC appeal. This will allow DEC charities and their local partners to scale up their response and reach more people.

- £10 could provide blankets to keep two people warm
- £25 could provide emergency food for a family for ten days
- £50 could provide emergency shelter for two families



Message from Paul— Curate not Saint



Our world is made up of seasons. We all know about Spring, Summer, Autumn and Winter, but seasons have crept into other parts of our lives. I am currently on the second season of 'Suits' on Netflix (that's the TV series about American Lawyers in which the now Duchess of Sussex, then simply known as Megan Markle, plays a wannabe Lawyer). I am watching it for the legal suspense, nothing less! I digress.

There are seasons in fashion, yet I like to think my fashion is timeless, although some may say I have the fashion sense of Jeremy Clarkson or Mr Bean, rather than Tom Cruise or Daniel Craig! There are many seasons in the Christian Calendar too. We have recently seen the end of Epiphany as we see Easter approaching much more quickly than some of us would like, we enter the season of Lent.

I have spent many years convincing myself that I am observing Lent as long as I give up chocolate. However, I often fail at this, just as I failed at my New Year's Resolution to eat less chocolate. It is very easy to trivialise the season of Lent and simply pass over it as another season of an unwatched TV programme. However, Lent should be a season when we make a special focus on enhancing our relationship with God. It is a journey – through ups and downs just as Jesus experienced during his time on earth.

We remember Jesus' life, ministry and death during this season. It is a time to think about how God is with us all the time. It is also a time to look at our own lives and draw closer to God. We do this through prayer, meditation, reading, exploring nature, fellowship, outreach, charitable giving – anything that connects you to God is a great practice.

Last year I wrote about the fact that Covid had forced us to give up a great deal, and I encouraged you to, rather than giving something else up for Lent, to 'Do' something for Lent.

At the risk of repeating what I said in last year's message, I do want to drive that message home again this year. As we embrace our own uniqueness through our beautiful imperfections, we are called to engage with the true purpose of Lent. Yes, we can conform to popular culture and attach ourselves to the fads which are;

*"All are welcome
in this place."*

Movember', 'Dry January' and the very new 'Veganuary'. However, as many of us, me included, have thrown ourselves back into the excesses of our apparent post-Covid world, chocolate, travel, socialising and much more, it is now more than ever that we need to connect with the true message of Lent.

So, yet again, I call upon you to reclaim Lent in 2023 and re-focus on what we can **start** doing rather than what we should **stop** doing.

In Lent 2023, let's 'DO' rather than 'Do NOT'. Do Pray more; do Talk more; do Smile more; do Open Up more; do Give more; do Exercise more; do Love more; do Listen more; do Attend Church more (online or in person); do Play more, do Care more... the list is endless....most importantly, DO NOT give up!

The Church, both locally and nationally will be offering a number of different resources to help you over the Season of Lent (see pages 7 & 8). My own offering will see the return of 'Lent in a Bag'.

Lent in a Bag equips you with symbols of the season of Lent to help you have prayer and/or conversation at home. Each week we will give post an online message via Facebook, the Church website or email that focuses on one of the symbols in the bag. These are intended to start conversation. Use these props and online message during your weekly Lenten reflection as you journey with Jesus to the cross.

There will be an introductory video posted online on Ash Wednesday (22 Feb) and then weekly videos posted starting Saturday 25 Feb at 4pm, and every Saturday through Lent.

In the hope that you will find our Lent resources helpful, we have plans in place to run the Alpha Course in Richmond. This will start on Friday 21 April 2023. All are Welcome

Alpha is a well-respected course suitable for ALL (All ages, all genders, all believers, all non-believers, all questions).

The course consists on a number of videos and opportunities to talk, question and challenge. There are NO STUPID or OUT OF BOUNDS questions! There are NO TESTS! If you are interested in receiving the 'Lent in a Bag' video via email, and/or joining us for our forthcoming Alpha Course, please contact Revd Paul on 07989 178196 or email paul.sunderland@leeds.anglican.org

Paul



STUDY GROUPS FOR LENT

In the run-up to Easter and throughout March, a variety of study and 'thinking' groups have been organised, each with its own unique focus. They are summarised below, together with themes and contact information.

1. 'Being with'

Exploring the Christian faith and life. This course, co-written by Sam Wells (vicar of St Martin-in-the Fields, London), invites us to "become the type of person who knows how to be with yourself, others, the world around us and through this to be with God."

Led by Martin Fletcher on Monday afternoons, from February 27 (5 sessions), 2pm at the Rectory, or

Led by Bishop John on Wednesday evenings, from March 1 (5 sessions), 7pm at Bishop John and Wendy's home.

2. 'Twenty Questions Jesus Asked'

Discussing the final few chapters of Bishop John's book of that title, which examine the events of Jesus' Passion, from the Last Supper onwards.

Led by Isobel Short on Thursday afternoons, from February 23 (6 sessions), 2pm at St Mary's Church.

To join either of Groups 1 or 2, please see the 'Sign Up' sheets at the back of St Mary's church.

3. 'Lent in a Bag'

Reflecting at home on symbols of Lent available in bags that can be collected from St Mary's church. In each bag will be objects, readings and questions. There will be a short video post released each week to aid our reflections.

Led by Paul Sunderland through video posts released on Saturday afternoons, from February 25 (5 posts), available online at any time but live at 4pm (see the church website www.richmondhudswellparish.org.uk)

4. Methodist Church Groups

Topic: to be arranged . Led by Revd Julia Reid on Thursday afternoons, from March 2 (5 sessions), 1:30pm at Richmond Methodist Church (with the option to bring a packed lunch and join for fellowship beforehand and stay for a cuppa afterwards) or led by Kathleen & David Wood on Thursday evenings, from March 2 (5 sessions each starting at 7pm on Zoom.)

5. 'Journeying with Jesus through Lent'

Following the Diocesan Rhythm of Life 2023 Lent Course which considers 'What does it mean to be a disciple in the world today?'

Sessions provide an opportunity to engage with the Rhythm of Life areas for a deepening commitment: praying, encouraging, sharing, reflecting, celebrating, resting, creating.

You can follow this course individually online at any time using these resources: Rhythm of Life – Lent 2023 Course – Diocese of Leeds Learning (anglican.org)

Please visit the Diocesan website for further excellent Lent resources: www.leeds.anglican.org



Got Questions?

Is there more to life than this?

Does God exist?

What happens next?

Join the adventure

Alpha.org
#TryAlpha

Alpha



Coming to Richmond soon !!

We are offering everyone the opportunity to join our very own Alpha Course.

Starting Friday 21 April 2023

This is a well respected course suitable for ALL (All Ages, All Genders, All Believers, All Non-Believers, All Questions)

The course consists on a number of videos and opportunities to talk, question and challenge. There are NO STUPID or OUT OF BOUNDS Questions! There are NO TESTS!

If you are interested in joining us, please contact Revd Paul on 07989 178196 or email paul.sunderland@leeds.anglican.org

Also running— The Home Group

This is a Bible-based fellowship group open to members of the congregation which meets fortnightly at Anne and Martin Clarke's house. Contact them at stmarys.mgc@gmail.com.



Shrove Tuesday and Ash Wednesday

What have pancakes got to do with spiritual spring cleaning? At first sight, not a lot, but the connection becomes clear when we look at the tradition of preparing for Lent – that period in the church year which precedes Easter, when Christians look hard at how they live, the negative habits that they need to get rid of, and what they could do better.

For centuries, what were regarded as the ‘luxuries’ in life – eggs and butter or fat – were used up on Shrove Tuesday, so that a restricted and plain diet could be followed from the next day, Ash Wednesday and the beginning of Lent, until Easter Sunday. Using up these luxuries was a symbol of confessing sins committed, and being freed from them through absolution, or forgiveness. The word ‘Shrove’ comes from the Middle English word ‘Shrive’ or ‘to be forgiven’. As with any



Marking Shrove Tuesday 1941

type of fasting, the feeling of hunger is intended to remind the person fasting of the reason for self-deprivation – in terms of Lent, a thorough spiritual self-evaluation, and making a new beginning on Easter Sunday.

The ash used to make the sign of the cross on the forehead of worshippers on Ash Wednesday comes from the burning of palm crosses from the previous year’s Palm Sunday celebration. It is a reminder that Lent culminates in Holy Week, which starts with Christ’s triumphal entry into Jerusalem and ends with His crucifixion and resurrection and the promise of a fresh start.



A recent interpretation of Lent, and one which appeals to children, suggests that an approach to leading a fuller and more positive life could be to start doing something good, rather than to give up something bad. (Similar to Advent, where instead of opening an Advent door each day, the child puts a small item aside for charitable giving at Christmas.) So many good

things, so many creative ideas, surround our Church traditions. Practical learning for children, centred around pancakes, include ‘design your own pancake’ and mathematical discussions about measuring ingredients, or dividing an entire pancake up into various fractions – possibilities are almost endless!

Pancakes



There are numerous recipes for pancakes, and variations on those recipes, but I include one here that I have used for years – which is simple and works (provided you get your oil good and hot and are bold enough to flip your pancakes, rather than try to turn them with a spatula!)

Ingredients

100gm (4oz) Plain flour

Pinch of salt

1 Egg

Approx 300ml (1/2 pt) milk

Method

Put flour and salt into a wide bowl. Make a well in the centre and break the egg into this. Add about half the milk. Mix, drawing the flour in from the sides of the well. Add rest of the milk and beat until it makes a smooth batter. Heat your frying pan well – until smoking – and pour in batter to cover the bottom of the pan thinly. Serve – with anything you fancy: lemon and sugar, jam, I even knew one person who spread his with Marmite!

NEWS FROM THE PEWS

THIS IS WHAT THE PCC HAS BEEN DISCUSSING

Meeting of 18 Jan 2023

- 1. Hudswell church.** Good progress, including a visit by Rishi Sunak. The church will be handed over to the Community charity for £20,000 and a business plan will move things on.
- 2. Buildings.** The newly appointed architect, Louise Priestman from Shaw and Jagger, Harrogate-based architects, to meet the wardens at the end of January to discuss improving disability access by the main south door. Floodlighting now approved.
- 3. Spiritual growth.** A variety of groups are advertised in the magazine. Lent groups would include the widely-used 'Being With' course, Alpha, and the diocesan Rhythm of Life course in conjunction with the wider deanery. (See pages 7 & 8)
- 4. Social action.** We are supporting the Warm Space at the Methodist church and considering helping with the Colburn Foodshare scheme.
- 5. Children and young people.** Fun-key is going well with a regular few, and is better when well-advertised in schools. SFX has increased its engagement. Trinity Academy has a new Headteacher and three new governors alongside our church governors (the Rector, Jan Beeton, Wendy Pritchard)
- 6. Music.** There is now a new pattern with Morning Worship on the first Sunday of the month and the 'Come and Sing' choir on the last Sunday.
- 7. Other reports.** On the Bells, Charitable giving, Publicity, Friends of St Mary's, Pastoral, Safeguarding, Data Protection, Deanery Synod (discussing the diocesan 'Barnabas' encouraging confidence programme and the 'Saving Creation' initiative.)
- 8. Next meeting:** 15 March

Your PCC members are the Rector and Curate, Paul Carnell (Treasurer), John Challis, David Frankton, Colin Hicks (clerk), Pamela Holland, Jan Jack, Andy Lovell, Scott Lunn, John McCormack, Ann Richardson, Jonathan Roberts, Stuart Rowan, Susan Scrafton, Ian Short, Peter Trewby, Anna Warren, Susan Welch.

200 CLUB WINNERS

The Christmas Draw winner was no. 140—Joyce Steele

The January draw winner was no. 148—Jean Cook.

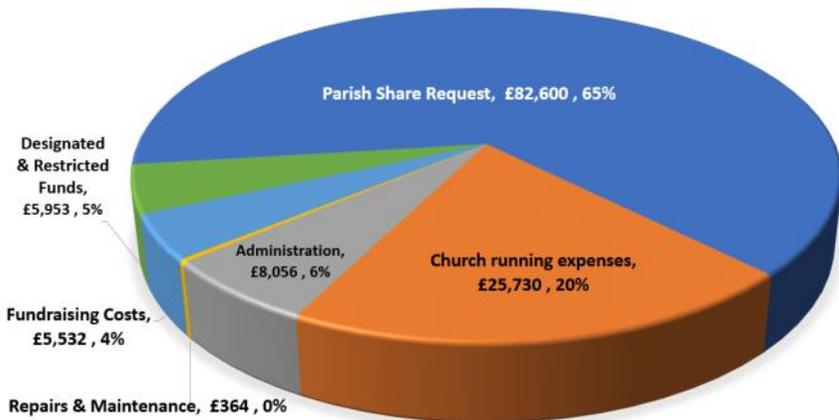
Congratulations to Joyce and Jean!

News from the Pews (continued)

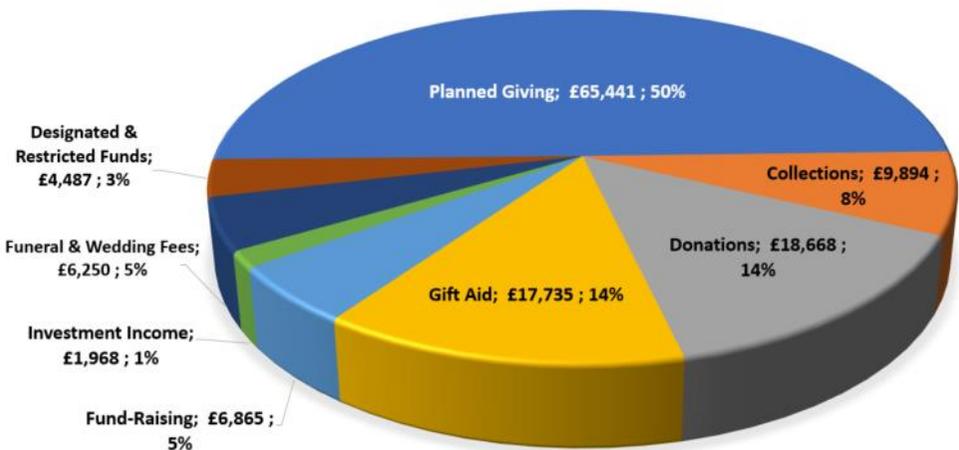
St MARY'S FINANCES 2022

On alternate months, our Treasurer, Paul Carnell, gives us a picture of the financial state of play at St Mary's. What is presented below is the picture at the end of 2022. You will see from the pie charts below and the graph on the next page that, although our income was just over £3,000 more than our expenditure, this income has to pay everyday running expenses which means that we are unable to pay the full parish share for 2022, although we will have met 85% of the requirement.

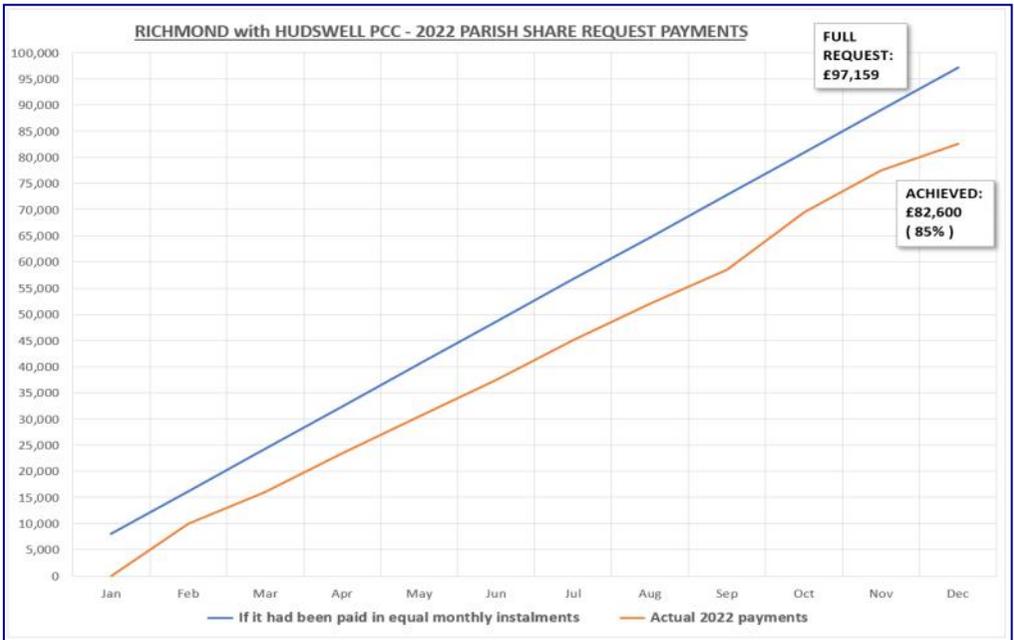
ST MARY'S 2022 PAYMENTS - £128,235



ST MARY'S 2022 RECEIPTS - £131,307



News from the Pews (continued)



MOTHERS' UNION



The Mothers Union have been busy. Over the Christmas period, we gave a gift and a Christmas card to each of the residents at the Beacon which was much appreciated. We also gave a donation to the Warm Space at the Methodist Church and a donation to the Food Bank at Colburn for which they were most grateful.

Seventeen members had a very enjoyable afternoon at our Christmas Party held as usual at the end of January. This year we met at Susan Scrafton's. As has become our custom, we will be providing primulas to all members of the congregation at St. Mary's and Downholme and Marske on Mothering Sunday.



A date for your diary: Sunday afternoon, 2 July, will be our annual fundraiser "Afternoon Tea in the Garden". As well as afternoon tea on site, take away tea boxes will once again be available. Full details nearer the date. Anyone interested in the work of the Mothers Union, please contact Margaret Clayson (seen above busy writing Christmas Cards to residents at the Beacon!), Christine Stedman, Susan Scrafton or our Rector, Canon Martin Fletcher

CHRISTMAS COFFEE MORNING AT THE TOWN HALL

This final Friends event of 2022 on 17 December got off to a concerning start with snow and ice making it difficult for helpers to even reach the Town Hall. Doors opened at 8.45 and by 9.15, the only people in the hall were the band of helpers prepared to serve anyone who arrived. The first arrivals were two tall and athletic looking men in their early 30s who didn't look like the usual clientele for these occasions. Each appeared to have a hearing difficulty as each seemed to have some sort of hearing aid with a curly wire in their ears. They seemed taken aback to be asked to pay for their coffee—certainly not regulars most of whom know it's £1.50. Anyway, pay they did and proceeded to sit at a table near the Mayor's Parlour.

Shortly afterwards, they were joined by a stockier, bearded third person who was reluctant to pay, saying he would be back later, although he too seemed to be wearing a similar hearing aid to the other two. It appeared that he had a bladder complaint also as he immediately wanted to know where the toilets were. Then all three left together and the regulars began to trickle in.

Suddenly, the three amigos returned, accompanied by a number of young executives brandishing mobile phones, none of whom appeared interested in buying a coffee or purchasing some of the excellent knitted items being sold by Anne and Martin Clarke in aid of church funds. All became clear quite rapidly when our recently appointed Prime Minister entered the hall, engaging in cheerful conversation and posing for photographs with those who had made it on this chilly December day.



By this time, one of our churchwardens had recalled that she had some sort of duties pertaining to malfeasance and sauntered up to the stocky chap who still hadn't

paid, to interrogate him. He confirmed that he was part of Mr Sunak's security detail and affirmed, when asked, that he was carrying a firearm. However, he declined to show this item of equipment to our churchwarden when asked. As he wasn't malfeasing with it he was allowed to stay—particularly as the party had deposited a donation to church funds during the course of the visit without consuming any of the coffee and biscuits on offer. In spite of the weather, the morning raised nearly £200 and generated many selfies and much publicity.

JANUARY 'AT HOME' COFFEE MORNING AT THE CLARKES' HOME



Another well-supported morning with Anne and Martin Clarke hosting. There was much animated conversation and excellent coffee and tea although no-one visiting with an ear piece to check the toilets! The event was a great social occasion and raised just under £200 which was donated to support the Warm Spaces appeal in Richmond. Many thanks to Anne and Martin for their hospitality.

A GRAND AFTERNOON OUT AT RIPON

The recent invitation for Martin to become an Honorary Canon of Ripon Cathedral was much appreciated by Martin himself and indeed the whole benefice—a recognition for his work as a Rural Dean in addition to his leadership in our own benefice.

So it was that a collection of over thirty parishioners, including a team of bell ringers, made their way to the ancient cathedral on Sunday 29 January to be part of a historic service to support Martin on his installation as a member of the Chapter of Ripon Cathedral. Glorious music and a spiritual occasion marked the event, which culminated in Martin and five other members of the diocese being led to their individual seats ('stalls') in the Cathedral.

As the assembled congregation adjourned for tea and cake at the end of the service, the bell-ringing team, augmented by a welcoming group of ringers from the cathedral, rang rounds and call-changes in the twelve bell tower to celebrate the honour being bestowed on all six servants of the churches in our area..



NOTES FROM OUR PAST

Through many of **JANE HATCHER's** fascinating monthly contributions to our magazine, we have seen a long and strong thread of religious activity in the town and surrounding area. In the first of two reflections, Jane identifies different locations which have or have had places of worship and prayer associated with them

Worship in Richmond

Some years ago I devised a guided walk for the Swaledale Walking Festival called 'Places of Worship Past and Present'. I took the group to various sites in Richmond which were, or I knew had once been, used for worship, giving a brief history of each. It was surprising how many locations there were! Some, but not all, of that material has been used in earlier magazine articles, so here is some more of it!

Since I devised that walk, Richmond has celebrated its founding in 1071. Which reminds me that the location of the first recorded place of worship here is as yet unknown. That first record is in William the Conqueror's Domesday Book of 1086. Richmond is not mentioned as such, because that name was not used until much later. But two of the settlements included are considered to have been within what we now know as Richmond.

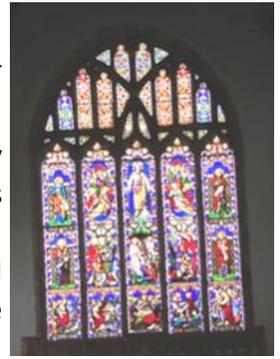
One, 'Newton', meaning 'the new development', is likely to have become what we now call Newbiggin. The other was 'Hindrelac', seemingly an Anglo-Saxon village, which was probably sited in Aldbiggin 'the old settlement' at the junction of Maison Dieu and Darlington Road. At least by 1086 Hindrelac had a church and a priest, but where was the church? Historians have long debated its likely position. Might it have been the predecessor of the old chapel now the Bowes Hospital [or almshouse], or could it have been further out near St Nicholas, where early ecclesiastical evidence has come to light?

Turning now to St Mary's. It is highly unlikely that it occupies the same site as Hindrelac's church, but it does seem to go back at least to c1125, when it was first mentioned in a monastic document. Although the present interior is mostly Victorian, the westernmost arch of each of the nave arcades was retained, and heavily restored, as being Norman when the rest were demolished c1860. That first Norman church was probably quite small, but it was enlarged as the town grew, and by the late medieval period had reached the floor plan we have now.



The bell tower of c1400 is, in my opinion, the finest addition in architectural terms, though the Perpendicular-style stonework of our present east window, inserted c1450, is also fine.

The same 12th-century monastic document includes Trinity Chapel alongside St Mary's. Trinity's central position causes many visitors to assume that it is, or was, the parish church, but its position is due to its having started life as the chapel serving Richmond Castle's Outer Bailey, before that space became the town's Market Place in the early 14th century.



Such was the importance of religion in Norman and medieval times, especially in the prestigious Richmond Castle, that there were no fewer than three more chapels within its Inner Bailey. They were built at various times, but only one, the earliest, survives complete, at the base of the Robin Hood Tower.

Thus far we have five places of worship whose precise locations are known, now to three more medieval chapels that are not readily apparent today. These were all located where important roads led into, or out of, the town. Travelling was a hazardous business in medieval times, and people took the opportunity to pray for a safe passage, or to give thanks for one, at the start or end of their journey.

The only one of these three chapels that survives is that of St Edmund, later converted into the Bowes Hospital, next to the petrol station on Darlington Road. St Edmund King and Martyr was a favourite saint of the early lords of Richmond, and Alan Rufus, the founder of Richmond, was buried at Bury St Edmunds in Suffolk, the place of Edmund's shrine.

Another chapel, dedicated to St James, was built near the junction of Bargate and Bridge Street, in a lane still called St James' Chapel Wynd, and served travellers entering Richmond from the south, over the old bridge. Many modern pilgrims still visit Santiago de Compostella in Spain, where St James the Great was buried. The third chapel, about which least is known, dedicated to St Anthony, the patron saint of travellers and lost items, was somewhere near where Hurgill Road meets Quaker Lane. This area would also be very busy with traffic using what was then the only road to Swaledale.

Medieval Richmond, as an important town, was the location of other religious foundations. The name of Nuns Close Car Park is the only hint of a short-lived nunnery somewhere in that vicinity, but very prominent is the picturesque tower of the Greyfriars, a religious order which particularly espoused poverty. And on the outskirts of the town is St Nicholas, built as a medieval hospital to serve the chronic

sick. Its officials certainly did not espouse poverty, for in 1301 the Hospital's Master, a sinecure position, was by far the wealthiest inhabitant of the town, paying about 20 times the tax paid by the handful of other prosperous tax-paying residents.

After the Reformation, the Church of England's monopoly was challenged by emerging groups of Nonconformists. By 1653 the Quakers start appearing in Richmond records, only a few years after their foundation by George Fox in 1647. Because Quakers refused to conform to the 'rules' of the day, they were often had up before the courts, and some local 'Friends' served time in Lancaster Gaol. The movement has given us the Richmond street-name Quaker Lane because in 1660 they purchased land there for a burial ground. The Quaker Meeting House was in Friars Wynd, adjacent to where our Georgian Theatre Royal stands today.

The present Roman Catholic Church at the end of Newbiggin is the third on that site, but previously a private Catholic chapel had been formed in Richmond by the Jacobite, Roger Strickland, in his home, Oglethorpe House. Victorian Richmond saw the development of the convent on Reeth Road.

The Methodist Church in Queens Road is also their third, succeeding ones in Ryders Wynd and off the Market Place, but the Bishop Blaize Inn had hosted their earliest licensed meeting place. They also had a purpose-built chapel in Bargate, now the headquarters of Richmond Operatic Society.



The Congregational Church in Dundas Street, now offices, superseded the Independent Chapel in Tower Street, which later became a natural history museum, a bus workers' club, and is now flats.

In the face of so many thriving Nonconformist groups of worshippers, the Anglicans in Victorian times opened a Mission Room on the Green to cater for the many poor people living in that area. That building, still with a bell turret, became an arts centre, and is now holiday flats.

Of more recent date we have the thriving Influence Church in the former Zetland Cinema, the Pentecostals having first established themselves in Richmond in an old building on Castle Hill, which is now the club-house of Richmond Amateur Dramatic Society. And tucked away in Castle Wynd is the Kingdom Hall of the Jehovah's Witnesses. I think that makes 29 places of worship once in the town itself! And I hope to stray outside its boundaries for a subsequent article!

Jane Hatcher

FOR ALL THE SAINTS

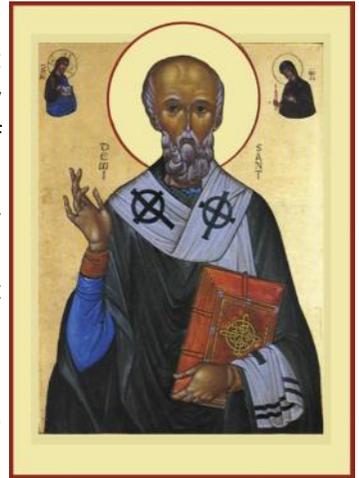
March is the month which contains the feast days of two of our four constituent nations—St David and St Patrick. **CHRISTINE PORTER** delves more deeply into the background, life and influence of the one whose day comes first in the month (and the only one whose flag is not represented in our union flag)—namely St David.

ST DAVID

St David is the Patron Saint of Wales and known in Welsh as Dewi Sant. His saint's day, March 1st, is the national day of Wales and has been celebrated as such since the 12th Century.

So who was St. David? Most of what is known about him comes from a biography written around 1090 by Rhygyfarch, son of the Bishop of St. David's. Both of David's parents were descended from Welsh royalty. His father was Sant, king of Ceredigion (modern Cardiganshire), and his mother was Non, daughter of a chieftain of Menevia, the Roman name for the present city St David's in Pembrokeshire.

David was born around 520, reputedly on a cliff top on the South-West Wales coast during a fierce storm. The spot is marked today by the ruins of Non's Chapel, and a nearby holy well is said to have healing powers.

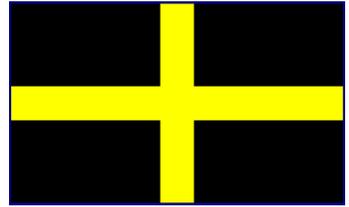


Formative Times

The young David was educated by St Paulinus of Wales, at the monastery of Hen Fynyw, and grew up to be a monk and a priest. Eventually he became a bishop and was renowned for his preaching. Around 560, close to the place where had been born, he founded a monastery at Menevia, and at east another dozen in Wales, southwest England and Brittany.

He based his Rule for monastic life on that of the Egyptian desert monks, with a strong emphasis on working hard and avoiding unnecessary speech. David and his monks followed a simple austere life, in the Celtic monastic tradition, which connected the people of Wales with Ireland, Cornwall, France and the Scottish Isles. Celtic Christianity had a close relationship with the natural world, but it was sometimes a harsh life. The monks ploughed the fields by hand, rather than using oxen,

and refrained from eating meat or drinking beer, only eating bread, herbs, vegetables and honey from their own bees. The monks also abstained from alcohol and only drank water. As well as having to keep themselves fed, they provided food and lodging for travellers. David acquired a nickname: Aquaticus, the water drinker (Dewi Ddyfrwr in Welsh). Sometimes as a self-imposed penance, he would stand up to his neck in a lake of cold water while reciting Scripture! It is also said that milestones during his life were marked by the appearance of springs of water.



St David's Flag

Although he led an ascetic, spiritual life, he was highly regarded for his kindness and compassion to others, particularly the poor and the sick. According to legend David performed several miracles during his life including restoring the sight of his tutor Paulinus and bringing a child back to life by splashing the boy's face with tears. While preaching to a crowd in the village of Llandewi Brefi, David is thought to have performed his most famous miracle: some of the crowd were finding it difficult to hear the sermon, when a white dove landed on David's shoulder. As it did, the ground on which he stood is said to have risen up to form a mighty hill, making it possible for the gathering crowd to finally see and hear him. The dove became St David's emblem, often appearing in his portraits and on stained-glass windows depicting him. Today, a church stands on the crest of the special hill.

It is also said that during a battle against the Saxons, David advised his soldiers to wear leeks in their hats so that they could easily be distinguished from their enemies, which is why the leek is one of the two emblems of Wales (the other being the daffodil).

Becoming a missionary David travelled throughout Wales and Britain, and made a pilgrimage to Jerusalem where he was consecrated bishop. From Jerusalem he brought back a stone that now sits in an altar at St David's Cathedral, built on the site of his original monastery. He was named Archbishop of Wales at the Synod of Brefi, Cardiganshire, in 550.



St David's Cathedral

David died at Minevia on 1 March 589 A.D. His final words to his followers were

allegedly: “Do the little things that you have heard and seen me do”. His remains were buried in a shrine in the 6th century cathedral. After his death, his influence spread far and wide, first through Britain and then in Europe.

In 1120, Pope Callactus II canonised David as a Saint. Following this he was declared Patron Saint of Wales. Such was David’s influence that many pilgrimages were made to St. David’s, and the Pope decreed that two pilgrimages made to St. Davids equalled one to Rome while three were worth one to Jerusalem. By the 12th century, more than 60 churches in Wales had also been dedicated to St David.

Links with the Present: , names, traditions and customs

The nickname ‘Taffy’ for a Welshman links back to St David as the original and ultimate Welshman – the term dates to the 17th century and derives from ‘Dafydd’, the more modern version of the ancient “Dewi”

Today St David’s is Britain’s smallest city, with a population of 1,348 [2021] compared to an estimated 485,000 in Cardiff. The tenor Dewi Sant bell in the cathedral weighs 2,700lbs!



Many Welsh people now mark St David’s Day on 1 March by wearing a leek or a daffodil, or by displaying the flag of St David which features a yellow cross on a black background. Schools across Wales hold celebrations, with girls dressing in traditional costume: a black hat with white trim, long skirts and shawls. Many boys, meanwhile, will wear a Welsh rugby or football shirt. Schools across the country also hold Eisteddfods, a traditional festival of Welsh poetry and music, on this day.

In his St David’s Day address to the Welsh nation in 2021, Mark Drakeford, the First Minister for Wales, quoted St David when he thanked the public for all they had done over the last year to keep each other safe through the pandemic. Drakeford said: “St David told us to ‘do the little things (gwnewch y penthau bychain)’ and ‘be joyful and keep the faith”. Wise words spoken by Saint David on his deathbed, and still as relevant for us today as they were in the 6th century.

Christine Porter

TAKING THE LEAD

CAROLE & JOHN McCORMACK share details of one of their favourite dog-friendly walks - great in all seasons, with changing natural beauties to enjoy; only 8.5 miles from Richmond; with opportunities to extend or amend as one wishes. There is ample safe parking in the car park of the Milbank Arms, a pub with limited opening times, but with a constantly open car park. Fairly good surface to bridle track but, in Autumn and Winter, wellies are essential.

BARNINGHAM

Leave Richmond on Whashton Road, up past the old racecourse. After about 3 miles, turn left towards Kirby Hill, and continue on minor roads through Gayles and Dalton, turning left at Newsham towards Barningham. Shortly after entering the village you will see the large car park of the Milbank Arms on the left hand side. Park here, cross the road and walk back a very short distance the way you have driven to a short track on the left. This leads down a slight slope past the church on the left and a small telephone exchange on the right. After some 200 yards, cross the minor road which leads to Greta Bridge, into a bridle track which forms the major part of the walk. It's best to keep dogs on leads until this point. At the start of this second track there is a handy poo bin.

This bridle track is secure and well-fenced and walled, so that dogs can safely be left off leads. There is the very occasional small farm vehicle, but it is easy to hear these coming. Dogs cannot access stock grazing in the fields, so it is relatively stress-free walking, through very attractive countryside.



The track is tree-lined and has a variety of spring and summer wild flowers and blackberries in the autumn. Picturesque agricultural buildings are dotted along the route and there are streams which cross and border the road so that dogs can drink, or sometimes swim, depending upon the amount of rain.



Continue along the bridle track for approximately a mile, passing the Barningham Lime kiln, a very well-preserved item with information board.



From the kiln, the track turns to the left, skirting rough woodland to the right. There are the remains of a midden/domestic waste tip here, with some broken glass – the only hazard on the route – so either lead your dog, or bribe it with a biscuit until this is safely past.

At the end of the bridle track is a very minor road. If more off-lead time is needed, one can simply retrace the route to the car park. For a circular walk, turn left here and climb gently back towards the moor and the village of Barningham – slightly in excess of another mile. Since there is the occasional vehicle, leads are needed again

for the rest of the walk, but the dogs will have expended so much energy exploring that leading is quite effortless. Views are wide-ranging from the top of the moor, and the village of Barningham itself, with its wide green and stone circle is extremely picturesque.

Complete the circular route (just under 3 miles in total) by passing, or visiting if open, the Milbank Arms (on the left just before the car park).



Carole and John McCormack

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A promotional flyer for Home Start Richmondshire. The top left features the Home Start Richmondshire logo. The top right displays the website address: www.homestart-richmondshire.org.uk. The main heading reads "Supporting families across Richmondshire". Below this, the text states: "Our aim: for every parent to have the support they need to give their children the best possible start in life." There are two circular images: one on the left showing a man and a young boy sitting on the grass, and one on the right showing a child in blue polka-dot pants and yellow boots jumping in a puddle. A central circular graphic contains the text: "Can you offer a few hours a week to support a family? Contact us to join our next volunteer prep course". At the bottom left, there is a phone icon with the number "01748 850079" and an email icon with the address "info@homestart-richmondshire.org.uk". At the bottom right, the text reads "Volunteer Today Because childhood can't wait".

YOUR MAGAZINE 2023

HAVE YOU PAID YOUR SUBSCRIPTION YET, PLEASE?

First of all, thank you to those of you who have subscribed for 2023. Your support and interest is much appreciated. However, there are still some people who received a magazine in 2022 who have not yet confirmed that they wish to continue to have a copy delivered throughout 2023.

This may be due to oversight—in which case could you please make it a priority to complete whichever side of the subscription form on the next pages applies to you and make appropriate payment.

It may also be that you have had difficulty in arranging a payment—perhaps not using on-line payments, or finding a way of paying the cash or cheques to someone who can take it. IF YOU ARE FINDING IT TRICKY TO COMPLETE THE PAYMENT OR WOULD LIKE YOUR SUBSCRIPTION COLLECTING FROM YOUR HOME, PLEASE PHONE THE EDITOR, JIM JACK, ON 07754 283161 (OR TEXT) OR COLIN HICKS, PARISH ADMINISTRATOR (details on the subscription form).

AN EDITORIAL TEAM IS DEVELOPING

We now have a small group of people working together on the magazine and meeting on a two monthly basis. Carole McCormack will be responsible for the walks/days out series and also intends to publish a series of recipes for your delight.

John Pritchard will continue his Sixty Second interviews, Pathways in Prayer, 'I've often wondered...' and PCC doings contributions, whilst Christine Porter will be taking on the Saints series and expanding it to include other Christian workers and martyrs, as well as taking over planning the articles which look at stories behind the hymns. John McCormack will be sharing the work on layout and preparation for printing.

We are always on the lookout for ideas for new series and topical matters so always want to hear from you with feedback, suggestions and your own contributions to such things as 'A Time in My Life,' a series which has been much enjoyed and the 'Loyal Dales Volunteers' about social support voluntary work in our area. Ideas already being explored are 'A Pub in the Parish' (self-explanatory), 'My Business is Your Business' - independent retailers and other businesses which are owner run and offer local service—so people to take on research on these and other areas are most welcome.

MAGAZINE ANNUAL SUBSCRIPTION PAYMENT 2023 £15.00

Due 1st February 2022

If you are paying by Direct Bank Payment (BACS)/ Standing Order, PLEASE USE THIS SIDE OF THE FORM. (For cash or cheque payment. PTO)

Please arrange to make your payment to

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Account No: 93005798

Reference: MAG and recipient's full name

(very important to add this to ensure that the magazine payment is properly recorded)

Amount: £15.00 single payment or

10 monthly payments of £1.50 starting in March 2023 and running through to December 2023 payable 1st of each month

Please also email all of the details in the box below to the Parish Administrator, admin@richmondhudswellparish.org.uk confirming the payment arrangements you have made. Queries to email address or mobile: 07498 299061; Thank you

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If you are choosing to pay by cash or cheque:

Due 1st February 2022

Please follow the steps set out below.

(N.B . sorry, but it will not be possible to offer a monthly payment option with cash or cheque payments because of the difficulties of maintaining up-to-date accurate records.)

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Step 2) Please put this form with your subscription amount of £15.00 (cash or cheque) . Important – some people forgot to put the form with their payment in 2022 making it impossible to record some subscriptions as paid.

Step 3). Please post to:

Colin Hicks, Parish Administrator, The Rectory Office, Church Wynd, RICHMOND, North Yorkshire DL10 7AQ. **Cheques payable to 'Richmond with Hudswell PCC.'** (Parish Administrator contact details: mobile: 07498 299061; email: admin@richmondhudswellparish.org.uk)

OR you can hand your envelope to a churchwarden for passing on to Colin
OR post through the letterbox at the Rectory.

NOTE: Unfortunately, it is not possible to use card payments currently as there is no means of adding your address details.

New subscribers ; contact the Parish Administrator direct to place an order.

Thank you for your subscription. It is much appreciated

SUPPORTING CARE FOR OTHERS IN RICHMOND—A REMINDER

You will recall that, since Christmas, the magazine was alerting people to this joint venture, located at and led by our friends at the Methodist Church in Richmond

Help is still needed is to make sure the word gets out that the space is available to anyone—including yourself as a reader of this magazine. People are also needed to make a warming cup of tea or coffee and to chat to anyone visiting who would welcome the contact.

If you would like to be put in touch with the relevant people, **please contact Paul Sunderland or Martin Fletcher.** (see page 2 for details). Other organisations have been working to fill the gaps which the Methodist rooms cannot. **CAN YOU HELP?** It doesn't have to be every day or even every week—just enough people to ensure that the space is 'staffed' with welcoming faces and voices.



Richmond Methodist Church Dundas Street Entrance

Monday: 10.00am – 1.00pm

Wednesday: 1.00pm – 4.00pm

Friday: 10.00am – 1.00pm

(Weekly from Monday 7th November)



How we can support Richmond's Food Bank

For readers who add to their weekly shop by buying items for the Foodbank based at the Influence Church, this is an updated list of the most useful donations

Tins : meat, fish, vegetables, fruit, soup, beans, pasta, tinned meals (e.g. chilli, stew), pies, rice pudding, spaghetti

Packets: pasta, pasta sauce, noodles, cereal, porridge, rice, biscuits, spaghetti; flapjack

Jars: pasta sauce, sandwich fillings, jam, spreads, tea, coffee

Also: UHT milk, squash, washing up liquid, deodorant, bars of soap, tampons, sanitary pads, nappies (0-3 mths); laundry detergent or powder;, toilet rolls (4 packs) ; shower gel; shampoo

More information :storehouse@influencechurch.co.uk

SIXTY SECOND INTERVIEW

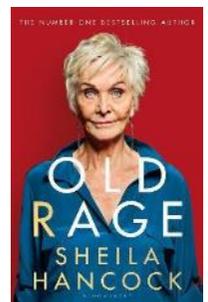
John Pritchard's quickfire questions this month are directed towards a busy, active member of the St Mary's congregation. **ALEXE ROBERTS** agreed to give brisk answers to John's prompts. Here's the outcome. How would you respond to this challenge.



1. First memory? Sitting on the petrol tank of Dad's motorbike!
2. Favourite meal? Macaroni cheese
3. Favourite music or musician? Benjamin Britten
4. Pet dislike? Idleness
5. Best holiday? Canada, 2009
6. Childhood hero? My violin teacher
7. Favourite hobby? Singing
8. Luxury on Desert Island? Clean sheets
9. Recent TV you've enjoyed? 'Call The Midwife'
10. Worst fault? Anxiety
11. 2 best films ever? 'Little Women'; 'Quartet'
12. Favourite drink? Good coffee
13. Regret? Not qualifying as a solicitor
14. Best recent book? 'Old Rage' by Sheila Hancock
15. Favourite charity? Sightsavers
16. Place you feel happiest? Home
17. Three dinner companions? Benjamin Britten; Dame Janet Baker; Gennadi Rozhdestvensky
18. What do you pray for most? Peace
19. Traditional or new Lord's Prayer? Traditional
20. Epitaph? She made a difference.



Benjamin Britten
1913-1976



POETRY FROM DOWNHOLME

Ever had a meeting to go to on a cold winter's evening when the warmth of the house makes it tempting to stay in? Just as Paul Sunderland's message this month reminds us of his struggles against the 'pull' of chocolate, so **GEORGE ALDERSON** reveals his own personal challenge when a meeting calls!



BETTER LATTE THAN NEVER

I don't mind being early, but I loathe it when I'm late,
My heart begins to flutter and I then procrastinate!
I wonder if they'll notice that I'm missing from the throng?
Perhaps they'll start without me, fill in where I belong?

It's not that I'm important! Heaven knows, I'm just a cog,
But I like to think I matter as I slave and strive and slog.
My problem is distraction, I am easily bemused,
It seems when coffee's offered that it shouldn't be refused.

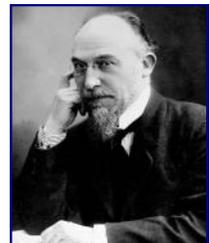
I can't resist a latte with a biscuit (oh, I've tried),
While hearing Erik Satie will move many tasks aside.
His 'Gnossiennes' are calming, his 'Gymnopidies' the same,
So if I'm slow in moving, it is Erik who I blame!

By then I'm warm and cosy and too late to steal a march,
In fact the fire is roaring as my lips begin to parch.
I need another coffee—and the 'Gnossiennes' again!
There'll be another meeting, though I don't know where or when.

It seems it would be pointless to attend at this late stage,
I don't feel up for chatter—and my brain will not engage.
I'll settle down with Erik (who, I hope, still rests in peace),
Untroubled by those meetings which, it seems, will never cease!

He may have been eccentric, but he had a way with notes,
His music, not my meetings, is the way to win my votes.

George Alderson



Erik Satie

NEWS FROM St EDMUND'S, MARSKE

This month, **LIZ KLUZ** offers us another timely reminder of life resuming some degree of 'normality' following COVID in recounting the voluntary activities which not only keep the church running but also provide for the unanticipated needs of the wearying travellers on the Coast to Coast route—in a small way replicating the services offered to monasteries before their dissolution in the 16th century and thus restoring a historic Christian tradition.

Flower arranging in St. Edmund's Church on a freezing, cheerless winter day is something none of us relish and is done as quickly as possible. Sweeping up lumps of plaster which have lost their grip on the masonry, since someone last wielded a brush, is an ongoing task in this ancient building. For our stalwart members of the clergy who take the weekly services, our equally stalwart organist and those hardy members of the congregation who sit huddled up in the pews, the winter months without effective heating are challenging.... to say the least ! But still we do it because our venerable old church is special, not just to those of us who worship there and keep it going, but to people from all over the world.



First signs of Spring at Marske

Milk Chocolate of Human Kindness....

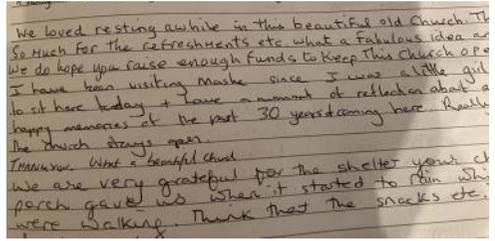
When we decided to set up a little stall at St. Edmund's in 2019 selling a few bars of chocolate, crisps, fruit juice and water to walkers it was in the hope of raising a few pounds towards the building fund. However, it soon became apparent that we were providing a service to Coast to Coast walkers on the long stretch from Reeth to Richmond, giving them a chance to duck in out of the rain or midday sun, to replenish their supply of snacks or to simply enjoy the peace which the church offers.

After a surprisingly successful first season everything was put on hold in 2020, as Covid hit, but by mid 2021 people began to emerge again, blinking in the sunlight and desperate to resume life as we knew it. But airlines were flying fewer planes into the UK, as the infection rates were still too high, so overseas visitors stayed away and the entries in the visitors book demonstrated that with nobody at all from outside the UK signing their names.

.... and much appreciated beauty

However the visitors book for 2022 tells a different story with two hundred and ninety entries being made by people from places such as Hawaii, Helsinki and Hong Kong: Bern, Baltimore and Brazil: Czech Republic, Colorado and Canada as well as other visitors much closer to home.

Most were walking the Coast to Coast route, some in groups others not, while some were just out for the day but almost without exception, those who left a comment had gained something from their visit and had been able to see beyond the crumbly, damp bits. One caller described it as “A restful and contemplative spot”, another thought it “A most quaint little church, terribly beautiful”. ‘Beautiful’ is a word which is used to describe it over and over again, in spite of its shabbiness. Perhaps part of the appeal is its stark simplicity softened by the flowers we add.



Effusive complimentary comments in the Marske Visitors' Book

Needs of Knees—and other parts

Each year new items are added to the stock list and in 2022 we sold 52 packets of blister plasters to grateful sufferers and 9 knee and ankle support bandages which prompted Melanie from New Zealand to write in the book “Wow, as I came down the hill I thought I need a knee brace and, lo and behold, I’ve been provided for”. Anti- mosquito wipes, Anthisan bite- soothing cream and tissues were also very good sellers and hopefully made for more comfortable journey.

I think the list of goodies below, which were consumed by our customers, tells us that the enterprise is appreciated and the fact that we are now mentioned in the Coast to Coast Handbook (I think that’s what it’s called) and appear on YouTube has definitely boosted sales! Our visitors munched through an incredible 681 chocolate bars, 173 Nakd and specialist bars for those with food allergies, 255 flapjacks, 116 packets of shortbread, 292 packets of crisps washed down by 572 cartons of fruit juice and 72 bottles of water.

Signs of the Times

This year we are hoping to add a few items for the convenience of the residents of Marske including cartons of long life milk, part-baked bread for folk to finish baking at home, tea, coffee and sugar to start with.

In response to a plea by M. Reeves of Darlington to “bring back the tuck shop” when he visited last February and found no snacks, we will be re-opening the stall on Saturday February 11th, 6 weeks earlier than usual. In previous years we have only been able to accept cash which has been problematic as so few people carry money nowadays but this year, thanks to a gift from the Diocese, we have a card reader which should be more convenient for people. All we need now is a reliable signal at Marske and somebody who knows how to make it work.....that’s definitely not my department!



Marske card reader

ALL IN THE GARDEN GREEN

For some time, there has been an aspiration to offer the opportunity to share tips about managing Nature's bounty through the pages of this magazine. Recruiting Jack Finney in 2020 as the writer of such a column gave many interesting tales but nothing about gardening which went beyond brewing tea and making bacon butties in his garden shed! However, he is still in absence at present—which gives the opportunity for some real gardening tips from readers. **WENDY PRITCHARD** offers some seasonal outdoor thoughts. The fact that this happens in the month which hosts UK Compost Week adds to the 'timeliness' of Wendy's article.

I'm writing this in January, having spent a happy day getting soil stuck under my fingernails as I tried to make the garden look a bit neater. I tell myself it's good exercise and that the plants appreciate my efforts, but I'd be delighted to sit down with a cup of tea and read a book instead!

But soon spring will transform the bare earth into a feast of early colour. The snowdrops are already in flower and crocuses, daffodils and tulips are showing through the soil. Apparently, spring-flowering bulbs have an in-built biological clock that tells them to start into growth in autumn. Deep below the surface, they first sprout roots then their stems grow up to be just below the soil level. When the ground warms up, they carry on with their growth but slow down again if it goes cold. So unless we've had a really cold February, by March we're beginning to see daffodils coming into flower.



I wonder if, like me, you start reciting the half-remembered start of Wordsworth's poem 'I wandered lonely as a cloud' when you see the first daffodils? Our family has a good story about daffodils. When we lived in Taunton, John wanted to demonstrate that something apparently unbelievable (the resurrection) became credible if a lot of people witnessed it. He'd read a good illustration of this – the eating of a daffodil. This would be a strange thing for the vicar to do in the sermon slot, but if the whole congregation witnessed it and told their friends afterwards, then it must be true. Several volunteers joined him to try this, and the daffodil eating commenced. Sadly, the author of this clever illustration had omitted to mention that only the petals were remotely edible, and not any other part of the daffodil. Luckily our church was equipped with an accessible toilet... Please don't try this at home!

For those readers who are new to gardening and who find themselves with daffodils merrily blooming in their garden, the aftercare of these lovely bulbs is very simple. 'Deadhead' when the flowering is over (this violent term just means snipping off the withered flowers and a bit of the stem). Then let the leaves feed the new bulb which will be developing underground, replacing the one which has spent itself. If the weather is very dry, some water would be appreciated by these hard-working leaves. When they get too sad-looking, some people tie them in a knot so that the leaves look tidier. Eventually they will wither away, having produced the bulb that will start the journey to the surface again next autumn. Until then, when we admire these bringers of joy this March, I hope our 'heart with pleasure fills, and dances with the daffodils'.

Wendy Pritchard

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ROTTERS' WEEK

13-19 March is Compost UK Week when we are all encouraged to become 'rotters'. As many will know, compost is nutrient-rich material that can transform your soil and give plants a dramatic boost. It is created from decomposed organic matter, with help from bacteria, fungus, insects, and other organisms. It is a natural process and can transform household and garden waste into nutrient-rich food for your garden. No matter how large or small your garden is, a compost heap is a valuable asset for every home – and for the world that is concerned about climate change.

The ingredients for composting include:

- **Browns: carbon-rich materials; dry leaves, plant stalks, and twigs.**
- **Greens: Nitrogen-rich materials include grass clippings and food scraps.**
- **Water and Air**

North Yorkshire County Council and the soon-to-be-departed RDC sell and deliver compost bins while the York and North Yorkshire Waste Partnership has a home composting page. More than 60% of the contents of an average rubbish bin is biodegradable with over half of those contents being able to be composted at home. A web-site called Get Composting (www.getcomposting.com) or freephone 0800 316 4454 puts you in touch with expertise and advice either to get started or to develop further.

GETTING YOUR OWN BACK

And did you know that the garden waste collected by Yorwaste is recycled and packaged into 40 litre bags as 100% recycled and peat free Yorganic Compost which is sold at their recycling centres? Perhaps a help when you feel you can offer your growing tips to this occasional series!!

Editor

PATHWAYS IN PRAYER

JOHN PRITCHARD's helpful series to support personal prayer continues with an article to tie together the ways of praying already suggested in recent issues. Here he offers a way of making prayer a natural part of everyday life, keeping the spiritual channels open throughout the day

PRAYING THROUGH THE DAY

Start of the day.

There's a short version and a long version. The short one involves simply offering the day to God as we get up or get dressed or have breakfast or take the dog out. We think through what we've got coming up in the day and then offer it all to God for his blessing and keeping in a simple prayer; perhaps 'Father, I offer this day to you, the things I do, the people I meet, the pleasures and the problems, that in everything I may know the love of Christ, and be thankful.'



The long version can be what we looked at in an earlier Pathway 5 on 'Talking.' So we make this our special time with God through 1. a daily office, 2. a quiet time with the Bible, 3. PRAY (prepare, remember, ask, yield) or 4. an app (Lectio 365, Sacred Space, Pray as you go).

Through the day.

Keeping the channels open through a busy day can take any number of forms;

- ◆ Noticing the natural world with gratitude.
- ◆ Noticing people in the street looking worried, depressed etc and praying for them.
- ◆ Praying for the people you email/phone before moving on to the next thing.
- ◆ Praying for the people you're meeting.
- ◆ Referring issues in the news to God; he's got a bigger capacity for handling them!

End of the day

As ever, there are plenty of options – more so if you can stay awake...

- ◆ 1. Think of three things from the day for which you're grateful.
- ◆ 2. Use the Examen (Pathways 9)
- ◆ 3. Say Compline (Night Prayer)
- ◆ 4. Read a short Bible passage or a brief section of a Christian book.
- ◆ 5. Make a date with God for tomorrow morning!



I'VE OFTEN WONDERED...

We continue the series, started last month, setting out to give answers to the questions which are sometimes on people's minds but there never seems to be a good time to ask them. If you have any such questions, please contact the Editor by text or phone on 07754 283161 or by email at stmarys.maged@gmail.com

WHY ARE THERE SO MANY DIFFERENT NAMES FOR OUR SUNDAY MORNING SERVICE?

There are four names commonly used for the service where we share bread and wine following the example of Jesus at the Last Supper, and they emphasise different aspects of what we're doing.

Holy Communion emphasises that we are coming together with God, who is holy. Communion is about sharing and doing something together – me, you, and God. Commonly used in many if not most Anglican churches.

Eucharist makes use of the Greek word for thanksgiving. In this service we're giving thanks for all that God has done for us in Jesus Christ, focused in the 'eucharistic prayer' which spells those things out. Often used in Anglican churches that are a little bit 'higher up the candle.'

Lord's Supper emphasises that Jesus is Lord and it was at that very special supper that he shared with his friends what he knew of the heart of God. We too are his friends and we too sit with him at his supper. Commonly used in more evangelical non-Anglican churches.

Mass is the common description of this service in the Roman Catholic church and comes from the words used at the end of the service 'Ite, missa est' or 'Go, the mass is ended.' In other words, now go and live out what we've been doing. Also used in high Anglican churches.

At each of these services, however, the same four actions will take place, following the practice of Jesus (and recorded also by Paul in 1. Cor. 11.23-25). The bread and wine will be taken, blessed, broken and shared - and we are renewed and re-centred for the week ahead.

John Pritchard



Baptisms

Sunday 5 February Evelyn Daphne Sharpe

*You have received the light of Christ;
walk in this light all the days of your life.*



I'VE OFTEN WONDERED.... *Continued*

I've often wondered why we use the word 'intincting'—although I guess it's just dipping the bread in the wine. Can you explain?

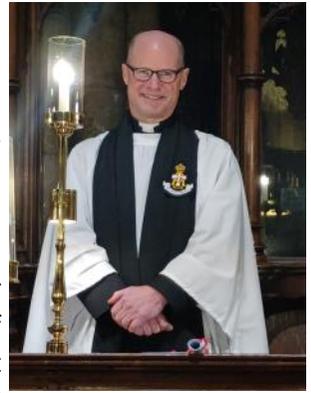
'Intinction' is specifically defined as a Eucharistic practice of partly dipping the consecrated bread ('host') into the wine before consumption by the communicant." It is used in mainly Western Christian denominations; in the Eastern Orthodox church, consecrated unleavened bread is placed in the chalice and is given, together with the consecrated wine directly in to the communicant's mouth with a small spoon.

There are variations in the detail of practices in both Eastern and Western churches, but the definition given applies to all.

I've often wondered what the difference is between a vicar, a rector and a canon.

Since Martin was awarded the post of Honorary Canon at Ripon Cathedral, the question of what a canon actually is or does has arisen.

Originally, a canon was a cleric who lived within the precincts of a cathedral, although, since the Reformation, this has not been applied. Those appointed canon (mainly ordained priests but also lay appointees) collectively form the 'Chapter' of the cathedral, who, together with the Dean, have legal responsibility for the running of the cathedral and the appointment of the bishop—a sort of equivalent to Board of Governors to a school or a PCC for a parish?



Revd Canon Martin in his 'stall' at Ripon Cathedral

Honorary Canons are appointed in recognition of services to the wider life of the diocese e.g. as a Rural Dean. They also get an assigned seat in the Cathedral.

In modern usage, there is little difference between a rector and a vicar. In former days, however, the parish priest was supported by tithes. You may recall from your school history lessons that the tithe was a local tax equating to one tenth of their income given by parishioners - both money and agricultural output. A rector got more, partly because he was responsible for the repair of the chancel of his church (the rest of the building was the responsibility of the parish.) So a rector had a greater leadership role and a vicar would support the rector. Nowadays, (as with Richmond?) a rector is usually the term used for the priest in a more historically important parish.

ANNUAL GENERAL MEETING

You may recall that we held a required AGM towards the end of last year which was rather late in terms of receiving the accounts for the financial year 2021. This had happened because the times of the AGM had gradually slipped later in the year as the previous Friends organisation became less active.

Our Treasurer, Graham Barber, pointed out this discrepancy so we decided to rectify this by calling an Extraordinary AGM closer to the end of the financial year for 2022 to get us back 'in synch.' The date fixed is after the service on **Sunday March 5th 2023, at 11.00 a.m.** with the main business being to examine the accounts for 2022 and to appoint key officers and elect a committee for the current year.

We would like to invite all to attend to conduct this business as all members of the congregation are classed as 'Friends.' We need your support and participation, please, at this meeting which is likely to be quite short as the most recent meeting covered much of the essential business.

BLUES IN THE PEWS—31 March @ 8.00 p.m.

Another innovation from the Friends which we hope you can support. Through the work of John Challis, a Blues night will be hosted in the church on Friday 31st March with doors opening at 8.00 p.m. The headline performer is a highly talented Blues guitarist, Julian Socha, with the Drystone Blues Collective from Richmond (who played at the Curry Night in November) as the supporting band.

Tickets in advance (from 85 Frenchgate and Castle Hill Bookshop or contact foundthenote@yahoo.com) cost £5 (£6 on the door) and the Friends of St Mary's will be running the bar. The band is excited about playing in the church with its distinctive acoustics.

Do come along and give the evening a go. A successful evening seems assured and plans are afoot for similar evenings later in the year.



Julian Socha on You Tube

BEHIND THE HYMNS

JUDITH MacLEOD ends her series of articles about her favourite hymns with a reflection on a powerfully simple piece written by Charlotte Elliott, a prolific writer who is credited with writing over 150 hymns, some anonymously. The daughter of a clergyman and his wife (who herself was a bishop's daughter), Charlotte's 'Just as I Am' became an essential part of Billy Graham's evangelical ministry -'the strongest possible Biblical basis for the call of Christ.'

This is the last of my 'What's in a Hymn?' articles for the magazine. It has been a joy to research and write about some of my favourite hymns. I hope that you too have enjoyed looking at the words which, together with the music, create a more powerful effect on the mind and the heart.

In January Bob Woodings, speaking at Café Church, commended one of our favourite hymns 'Be still, for the presence of the Lord, the Holy One, is here' for its logical simplicity. Another hymn which is popular for its simplicity is 'Just as I am, without one plea' [no. 308 in Common Praise].

It was written by Charlotte Elliott [1789-1871] who was an invalid from the age of 32. During her long life she wrote several hundred hymns. Charlotte wrote 'Just as I am' in 1834 when the Elliott household was raising money for a college for the daughters of poor clergymen. Charlotte, unable to contribute, felt particularly useless. However, as she sat alone, a sense of peace and contentment came over her, and in that spirit she wrote the verses which have brought comfort and strength to so many including William Wordsworth's daughter, Dora, who asked for it to be read to her every morning in the days before she died in the Lake District.



Charlotte Elliott

Of the several tunes to which Charlotte Elliott's hymn is set, the best known is Saffron Walden by Arthur Henry Brown [1830-1926]. The words are ideal as a communion hymn with the reference to 'Christ's blood shed for me' in line 2. Each verse begins with the words 'Just as I am' and ends with 'O Lamb of God, I come'. The use of these 2 phrases in each of the 6 verses gives an impression of structure and security

1. Just as I am, without one plea
But that thy blood was shed for me,
And that thou bidst me come to thee,
O Lamb of God, I come

appropriate to the message of comfort given.

In verse 1, the believer is asking to be called not on his or her own merit, but because Christ accepts us as we are.

Verse 2 captures the turmoil we all feel at times - 'tossed about with many a conflict, many a doubt', 'fightings and fears within, without,'. The effect of the words is heightened by the alliteration, the succinctness of the words 'within, without' and the rhyming of lines 1-3 in every verse.

2. Just as I am, thou tossed about
With many a conflict, many a doubt,
Fightings and fears, within, without,
O Lamb of God, I come.

3. Just as I am, poor, wretched, blind:
Sight, riches, healing of the mind,
Yea, all I need, in thee to find,
O Lamb of God, I come.

In verse 3 Elliott juxtaposes the state of the believer who is 'poor, wretched and blind' and the riches offered by Christ - 'sight, riches, healing of the mind'. Confidence in Christ's ability to offer complete comfort is expressed in verse 4: 'thou wilt receive.. welcome, pardon, cleanse, relieve'. Christ has made us a promise and our role is to believe.

4. Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.

Then, in verse 5, come the lines I find most compelling: 'thy love unknown has broken every barrier down'. They remind me of the first lines of a hymn I chose last spring - 'My song is love unknown, my saviour's love to me,'. Although we can understand the power of love ['faith, hope and love, these three; but the greatest of these is love' - Corinthians 13:13], Christ's love is unknown because we cannot understand 'the breadth, length, depth or height of it' of it and must rely on faith to able to receive it.

5. Just as I am, thy love unknown
Has broken every barrier down;
Now to be thine, yea, thine alone,
O Lamb of God, I come.

6. Just as I am, of that free love
The breadth, length, depth and height to prove,
Here for a season, then above,
O Lamb of God, I come.

Further comfort is offered in verse 6 where the second last line it conveys acceptance of both our mortal life and the life to come: 'here for a season, then above' before the final refrain: 'O Lamb of God, I come'. One is left with feelings of peace and confidence.



**We have laid to rest those
who have died.**



Nesta Rosemary Beryl Crosse	18 December
Fay Fellows	20 December
Jane Anne Green	25 December
Roy Victor Cross	29 December
Sir Michael David Rawlins	1 January
Anita Bastow	5 January
Anthony John ('Tiny') Power	8 January

May they rest in peace and rise in glory.

Whatever we were to each other, that we are still.

Speak of me in the easy way in which you always used..

Let my name be ever the household word that it always was.

Let it be spoken without effort, without the ghost of a shadow in it.

Why should I be out of mind because I am out of sight?

I am but waiting for you, for an interval, somewhere very near...

All is well

(Extract from 'Death is Nothing at All' by Revd Henry Scott Holland)



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Next meeting: 2 March



Contacts: Rev Paul Sunderland or Leonard Scrafton. Just turn up and be welcome!

INFORMATION POINT- ALL ARE WELCOME

There are a number of groups working in the church. All are welcome if you fancy contacting the group and being part of what they do.

Keith Robson reminds us that the Happy Bodgers are operating once more for help with odd jobs. Keith's contact number is (07866) 325843

AFTER THE CARDS AND VISITORS

Bereavement is a very difficult time for the spouse/partner left behind.

Starting again on your own is even more difficult.

Carrie and friends would like to help you with the next step.

Our informal meetings are on the first Wednesday of every month at the Morro Lounge, Richmond Market Place starting at 1.30 p.m.

Please phone **Carrie Stephenson 850103** if you would welcome any more information. The approach is very informal and relaxed

TELEPHONE SUPPORT IS ALSO AVAILABLE.

Do please get in touch.

PASTORAL CARE— A CONTINUING SERVICE

The St Mary's Church community wishes to do all we can to support, listen and love all in our parish whether members of our church or not.

The Pastoral Team at St Mary's has a **Prayer Circle** at St Mary's. If you have something which you would appreciate prayer for, whether for yourself or for someone you care about, we would be privileged to pray about it. No prayer request is ever too small or trivial. Whatever you wish to share, in confidence, we will support you in prayer.

To ask for prayer you can either telephone, email or text Rev Martin on 821241, fletcher_martin@yahoo.co.uk or 07762 440094; or Paul Sunderland (07989 178196) paul.sunderland@leeds.anglican.org—or speak to any member of the Pastoral Team and they will place your prayer in the circle. Please be assured your requests are confidential.

- ◆ *To be a praying member of the circle or a member of the Pastoral Team, please speak to Rev Martin or Paul. They would love to hear from you.*



Sudoku - Easy

2		3	6		8			
	4			2		8		3
8		1		4		6		
	6	5			7		4	9
3								1
7	9		1			3	5	
		8		5		1		6
5		9		1			3	
			4		9	5		2

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Sudoku - Medium

	2	4	3	8				
					6			7
	5	8				4		
4				1				
			7		5			
				2				8
		1				6	7	
3			5					
				4	9	2	1	

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St Mary's Groups

FRIENDS OF ST MARY'S

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Could you please consider giving some time to keep things going ?

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5th March A.G.M.

31st March Blues in the Pews



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Word Search

St Patrick's Day Mothering Sunday Annunciation Lent

Leeks for St David's day, daffodils for the rest of the month: March brings us Spring. St Patrick, who brought Christianity to Ireland, is remembered with parades. Mothering Sunday and Mother's Day are celebrated with more daffodils and Sunday lunch 'out'. March brings us the Annunciation, when the angel first appeared to Mary to tell her of her coming pregnancy. March is the month of Lent, of prayer and preparation for Easter.

Leeks
Daffodils
Spring
Patrick
Day

Mum
Mother
Angel
Ireland
Wales

Sunday
Lunch
Pregnancy
preparation
prayer

parades
Mary
Magnificat
Fasting
Lent

M	P	R	A	Y	E	R	P	A	G	S	O
A	D	S	F	C	Y	T	S	R	Y	A	I
G	U	L	G	N	I	T	S	A	F	S	A
N	O	I	T	A	R	A	P	E	R	P	P
I	A	D	R	N	P	I	A	M	A	R	Y
F	T	O	Y	G	R	U	T	Y	N	I	A
I	L	F	S	E	D	A	R	A	P	N	M
C	E	F	L	R	N	E	I	D	D	G	T
A	G	A	A	P	H	H	C	N	U	L	P
T	N	D	M	T	E	E	K	U	L	E	R
D	A	U	O	L	E	E	K	S	D	N	M
Y	M	M	W	A	L	E	S	N	I	T	P

Puzzle Solutions

Sudoku — Easy

2	5	3	6	7	8	9	1	4
9	4	6	5	2	1	8	7	3
8	7	1	9	4	3	6	2	5
1	6	5	3	8	7	2	4	9
3	8	4	2	9	5	7	6	1
7	9	2	1	6	4	3	5	8
4	3	8	7	5	2	1	9	6
5	2	9	8	1	6	4	3	7
6	1	7	4	3	9	5	8	2

Sudoku—Medium

6	2	4	3	8	7	5	9	1
1	3	9	4	5	6	8	2	7
7	5	8	1	9	2	4	3	6
4	9	6	8	1	3	7	5	2
2	8	3	7	6	5	1	4	9
5	1	7	9	2	4	3	6	8
9	4	1	2	3	8	6	7	5
3	6	2	5	7	1	9	8	4
8	7	5	6	4	9	2	1	3

Wordsearch

M	P	R	A	Y	E	R	P	A	G	S	O
A	D	S	F	C	Y	T	S	R	Y	A	I
G	U	L	G	N	I	T	S	A	F	S	A
N	O	I	T	A	R	A	P	E	R	P	P
I	A	D	R	N	P	I	A	M	A	R	Y
F	T	O	Y	G	R	U	T	Y	N	I	A
I	L	F	S	E	D	A	R	A	P	N	M
C	E	F	L	R	N	E	I	D	D	G	T
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T	N	D	M	T	E	E	K	U	L	E	R
D	A	U	O	L	E	E	K	S	D	N	M
Y	M	M	W	A	L	E	S	N	I	T	P

Deadline April edition : Monday 6 March.
 To contribute letters, articles, etc
 contact stmarys.maged@gmail.com or 07754 283161



As the servers's strike entered its third week, the Army was called in.



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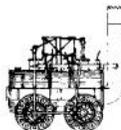
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